



The Hospiteer

All for One and One for All

*In the New Year,
may your right hand
always be stretched out
in friendship, never in want.*

— Irish Toast

January 2012



Lane Smith of Cross Lanes proudly shows off his heart-shaped ornament that he decorated in memory of his father.

Ornaments keep memories alive

Holiday workshop helps kids work through grief after loss of a loved one

As part of the **Holiday Ornament Grief Workshop** offered by the Grief & Loss Department last month at the Main Office, a dozen youngsters and their families enjoyed designing and creating their own special ornaments to help cope with the loss of a loved one in the past year — whether it was a parent, grandparent, aunt, uncle or sibling. “We want to capture the spirit and the memory of the deceased,” Bereavement Director **Mike Dupay** said. “This is a safe space we have created for them to freely express their feelings of grief during what is traditionally a season of joy and happiness. It is imperative for people to realize the importance of expressing sorrow right along with joy. If you do not do your grief work, the journey of grief lasts much longer.” Art is a safe and enjoyable way for children to express this grief and accept the loss. The wooden ornaments were hinged to open like a locket in which the children could store special keepsakes or a handwritten note. They used paint, markers, glitter and glue, decals, and stickers, among other things, to make their ornaments special and unique to them. Several also took time to write notes to their loved ones as a way of expressing their feelings. (more photos on the next page) ❖

KIDS' ORNAMENT WORKSHOP





Happy Birthdays!

January

Mary Akers	...	1
Melissa Hill	...	2
Kathie Stout	...	8
Dr. Kevin Boggess	...	8
Lisa Cook	...	9
Gloria Javins	...	9
Pamela Jarrett	...	10
Sherri Paxton	...	10
Lee Bowens	...	12
Mary Dunlap	...	12
Jim Wilkerson	...	12
Missy VanBuren	...	13
Kimberly Ayers	...	15
Isabel Bukac	...	16
Pernell McCoy	...	17
Heather Bowles	...	18
Terry Rosenfeld	...	19
Gayle Michael	...	20
Amy Bailes	...	20
Joan Stevens	...	22
Haley Clark	...	23
Sharon Madden	...	23
Barbara White	...	23
Lora Bowens	...	24
Mike Dupay	...	27
Stephanie Rogers	...	27
Lynese Danford	...	28
Deborah Dykeman	...	31

Welcome Aboard!!!

Jamie Adams, CNA
HHH West

HUBBARD HOUSE HAPPENINGS



Fa-la-la-la-laaa, la-la la la at HHH

More than two dozen groups of carolers visited the Hubbard Hospice House and Hubbard House West throughout December to spread holiday cheer to all of the staff, patients and their families. Musical groups included the (*l.-r., top to bottom*) **St. Paul AME Church Choir**, **Harpists of First Presbyterian Church**, **Liberty Christ Church**, **Kanawha Kordsman**, and volunteer **Marie Zwick** and her church choir, in addition our many wonderful regular musicians and singers. We also had several kind elves help decorate for the holidays, including (*bottom, l.-r.*): **Donna Metheny**; **Jane Rasak**, **Kaye Jones**, and **June Sayer**, and **Brenda Hoover**. Special thanks to Volunteer Coordinator **Toni Bee** for filling the holiday calendar with so many wonderful musical groups (*and snapping their picture!*). ❖

SPREADING HOLIDAY CHEER



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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1  NEW YEAR'S DAY (OFFICES CLOSED)	2 (OFFICES CLOSED)	3 ♦ IDT Blue Team1, 8:30-10:30 a.m., Main; ♦ Greif Recovery Support Group, 6-8 p.m., Main	4 ♦ IDT Blue Team2, 8:30-10:30 a.m., Main; IDT HHW, 1:30-3:30 p.m.	5 ♦ Social Workers meeting, 9-11 a.m., Main	6	7
8	9 ♦ Orientation Day, 8:30 a.m., Main ♦ CNA meeting, 8:30 a.m., Main	10 ♦ IDT LTC Team, 8:30-10:30 a.m., Main; IDT HHH, 1:30-3:30 p.m. ♦ Greif Recovery Support Group, 6-8 p.m., Main. ♦ Board of Directors, Q/A Committee, 8:30 a.m.	11 ♦ IDT Green Team, 8:30-10:30 a.m., Main; IDT HHW, 1:30-3:30 p.m.	12 ♦ Nurses meeting, 8:30-10:30 a.m., Main ♦ Board of Directors, Finance Committee, 8:30 a.m., Main	13	14
15	16 ♦ CNA meeting, 8:30 a.m., Main  MARTIN LUTHER KING JR. DAY	17 ♦ IDT Blue Team1, 8:30-10:30 a.m., Main; ♦ Greif Recovery Support Group, 6-8 p.m., Main	18 ♦ IDT Blue Team2, 8:30-10:30 a.m., Main; IDT HHW, 1:30-3:30 p.m.	19 ♦ All Staff Meeting, 3 p.m. HHH; 5:30 p.m. HHW ♦ Board of Directors, 8:30 a.m., Main	20	21
22	23 ♦ CNA meeting, 8:30 a.m., Main; and 5:30 p.m., HHH	24 ♦ IDT LTC Team, 8:30-10:30 a.m., Main; IDT HHH, 1:30-3:30 p.m. ♦ Greif Recovery Support Group, 6-8 p.m., Main	25 ♦ IDT Green Team, 8:30-10:30 a.m., Main; IDT HHW, 1:30-3:30 p.m.	26 ♦ 2012 MotorTrend WV Intl. Auto Show, VIP Charity Gala to benefit HospiceCare, Charleston Civic Center, 6 p.m. (show runs Friday through Sunday)	27 	28
29	30 ♦ CNA meeting, 8:30 a.m., Main; and 5:30 p.m., HHH	31				