



THE Hospiteer

All for One and One for All June 2009

A perfect summer day is when the sun is shining, the breeze is blowing, the birds are singing, and the lawn mower is broken.

— James Dent

11th annual cook-off set for June 20th

Mark your calendar and save the date for the 11th Annual Smoke on the Water Chili Cook-off, Saturday, June 20th on Kanawha Boulevard in Charleston. The event will help kickoff the week-long FestivAll celebration of the arts taking place throughout the city. HospiceCare again is the charity to benefit from all of the proceeds of the cook-off, having collected more than \$50,000 from the event over the years. The Development Department is still looking for a few more volunteers to help us make this year's cook-off our best yet! All staff and family members are welcome to help serve chili or sell sample tickets and hand out beads. Free t-shirts for all volunteers! Talk to Jeff S. at the Main office if you have any questions. ❖



'Miracles happen'

Transplant gives James Thayer new lease on life

James Thayer is grateful for all of the get-well cards he received while on medical leave, but any more may delay his return to work July 1.

"It took me a day to get through all of them," James said during a visit to the Main Office last month (*above right, with Executive Director Larry Robertson*) "I thank everyone for all of their thoughts and prayers. Miracles happen. God is good."

James, 47, is set to return to work better than ever after he received a lifesaving liver

transplant April 9th at the University of Virginia Medical Center in Charlottesville. He had been awaiting a donor on a transplant list since December.

"I was low on the list at first. They said I wasn't that sick," he said. "But by March I was first or second on the list."

James' recovery has beaten doctor's expectations at every turn. "I feel real good. There's some minor discomfort, but nothing like I used to feel," he said. He also has been able to quit smoking and lose 30 pounds! ❖

NATIONAL NURSES APPRECIATION DAY '09



Luncheon celebrates hard-working nurses

A luncheon in honor of National Nurses Week last month attracted dozens of HospiceCare's hard-working Nightingales to the Main Office in Charleston for a delicious meal catered by Famous Dave's BBQ. The Hubbard House also celebrated with dinner for nurses at the house on May 18th. **The Charleston Sunday Gazette-Mail** newspaper also highlighted the efforts of all nurses throughout the state in a May 3rd article, in which Hubbard Hospice House nurse **Katie Brewer** received a Second Place honor in the paper's Best in the State contest. ❖



Happy Birthdays!

June

Lillian Hunter	6
Rhonda Casto	7
Lea Anna Canterbury . . .	8
Michelle Morgan	8
Carol Jackson	9
Elizabeth Gates	11
Sandy Bailes	11
Sheila Truby Johnson . . .	13
Joan Fernandes	22
Amy Greear	25
Renee Carper	26
Tammy Hale	27
Diane Sams	30
Pamela Woods	30

ODDS & ENDS



More having a ball at their desk

Karen Groves and **Miriam Higginbotham**, (above) in the Education Department Office, are two of the latest staffers trying out the new space-age sitting device — better known as a large rubber exercise ball. Accounts Payable’s **Angie Price** has known for years the benefits of sitting on an exercise ball, and others are catching on. Your body is constantly making small adjustments with the postural muscles, abdominals, gluteals and leg muscles. It is “active sitting” rather than the slumping and poor posture we develop even in some ergonomic desk chairs. The only draw back — other than accidentally falling asleep and getting bounced of the ball — are misplaced thumbtacks or scissors.

Welcome Aboard!!!

Kristi Conley

Housekeeper - Per Diem,
Hubbard Hospice House

Jamie Tridico

Physical Therapist - Per Diem,
Hubbard Hospice House

Don't Wait!!!

Take a few moments right **NOW** to jot down some observations from your daily routine, ideas for staff stories, or any other inspirational experiences you would like to have coworkers read about in *The Hospiteer!* Send them in an e-mail to: jsikorovsky@hospicecarewv.org

Help for work-related grief & loss

Grief & Loss Counselor **Dave McQuain** is available for HospiceCare direct care staff to help process any of their own grief issues relating to patient care. This will be offered in the spirit of “Team Peer Support” and is available for one-on-one support or group support depending on the request. Please direct all requests to Dave at, (304) 546-0291.

Foursome tees off for United Way

Executive Director **Larry Robertson**, Finance/IT Director **Mike Morris**, Development Assistant **Jeff Sikorovsky**, and Provider Relations Coordinator **Mark Withrow**, hit the links at **Fountain Springs Golf Club** in Peterstown, WV, on behalf of HospiceCare to help benefit the **Greenbrier Valley United Way**. In addition to enjoying the near-perfect weather down south, the foursome came in a respectable fourth in the scramble.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
National Nursing Assistants Week June 11-18	1 ♦ CNA meeting, 8:30 a.m., Charleston. ♦ Orientation Day, 8:30 a.m., Charleston.	2 ♦ Grief Recovery Support Group, 6-8 p.m., Charleston	3 ♦ IDT Green Team, 8:30 a.m., Charleston	4	5	6
7	8 ♦ CNA meeting, 8:30 a.m., Charleston; and 5:30 p.m., HHH	9 ♦ Nurses meeting, 8:40 a.m., Charleston ♦ Grief Recovery Support Group, 6-8 p.m., Charleston	10 ♦ IDT Blue Team, 8:30 a.m., Charleston	11  NATIONAL NURSING ASSISTANTS DAY	12	13
14	15 ♦ CNA meeting, 8:30 a.m., Charleston. ♦ Nurses meeting, 5:30 p.m., HHH	16 ♦ Grief Recovery Support Group, 6-8 p.m., Charleston	17 ♦ IDT Green Team, 8:30 a.m., Charleston	18	19	20 ♦ 11th Annual Smoke on the Water Chili Cook-off, 11 a.m.-5 p.m.; Haddad Riverfront Park, Charleston
21  FATHER'S DAY	22 ♦ CNA meeting, 8:30 a.m., Charleston.	23 ♦ Grief Recovery Support Group, 6-8 p.m., Charleston	24 ♦ IDT Blue Team, 8:30 a.m., Charleston	25	26	27
28	29 ♦ CNA meeting, 8:30 a.m., Charleston.	30	<div style="background-color: #e91e63; color: white; padding: 20px; text-align: center;"> <h1 style="font-size: 4em; margin: 0;">June</h1> 2002 </div>			