

THE Hospiteer

All for One and One for All

'The beauty of daylight-saving is that it just makes everyone feel sunnier.'

— U.S. Rep. Edward Markey, D-MA

March 2011



Yoga — strike a pose

ABOUT 20 HospiceCare staffers and volunteers have enjoyed practicing Yoga this year with instructor **Tracy McKinney** (left and below) of The Folded Leaf in Charleston. Tuesday and Thursday afternoon classes have been held at the Wellness Center Annex across the drive from the Main Office. The Tuesday class is in its second six-week session, while the Thursday class finishes March 17th. HR Director **Kendra Prine** said Tracy may be available to continue teaching the Thursday yoga class and will send an e-mail out to see who is interested in the near future. Above, Hubbard House volunteer **Myra Dolan** and Administrator **Mary Kathren Robinson** strike a pose! ❖



13TH ANNUAL HOSPICECARE TENNIS TOURNAMENT



Charleston Tennis Club aces another tourney!

HospiceCare would like to thank the staff at the CTC for helping to make the 13th Annual HospiceCare Tennis Tournament such a success while raising more than \$30,000 to benefit hospice patients and their families. All would be lost without the hard work and coordinating efforts of **Sherry Reed, MC Liberatore, George Bsharah, Scott Barr, Scott Zent, Kathy Hudson and Kate Schulz**. We owe them and the rest of the pros & staff at the CTC a debt of gratitude for their tireless work and devotion to the sport and HospiceCare. We'd also like to thank the 132 tennis players and even more spectators that turned out to again make the first weekend in February such a fun time. Our most special thanks goes to all of our tournament sponsors: founders **Deb Copeland & Don Lucci**; **Stephen & Laura Wehrle**; **The Charleston Group at Graystone Consulting**; **Rory & Kimberly Isaac**; **Thomas Health System**; **Gibbons & Kawash, CPAs**; **James & Karen Smith/Smith Fastener Co.**; **Highmark Blue Cross Blue Shield WV**; **Steven & Sharon Rubin**; **Dinsmore & Shohl, LLP**; **Suttle & Stalnaker, PLLC**; **Daniel & Kimberly Kay**; **Charleston Area Medical Center**; **Arnett & Foster, PLLC**; **Dr. Tim Deer/The Center For Pain Relief, Inc.**; **Holden Machine & Fabrication, Inc.**; **United Bank Inc.**; **West Virginia Lottery**; **Scott Long/Eckert Seamans Chiren & Mellott, LLC**; and **Steve Holbrook/Holbrook Insurance**. Also, thanks to all of our wonderful food sponsors for supplying some of the most delectable edibles around: **"Aunt Marie" B. Runyan** for her amazing pepperoni rolls, **Tim Kirby of The Chop House**, **Al & Joe Leonoro of Leonoro's Spaghetti House**, **Bill Riggall of Subway in Kanawha City**, **Robert & Sherry Wong of Bridge Road Bistro**, **Robin Williams of Spring Hill Pastry Shop**, **John Carson and Nathan Rose of First Watch**, **Jim Wilkerson** for his amazing chocolate dipped strawberries, and **Deb Copeland's Prayer Group & Friends**. The tournament and its sponsors has helped raise nearly \$400,000 for HospiceCare over the years. ❖



Happy Birthdays!

March

Jack Schultz	...	5
Tara Burford	...	6
Ella Smith-Bailey	...	6
Toni Bee	...	8
Sallie Starkey	...	10
Jill Vigliotti	...	14
Gloria Saddler	...	19
Beth Plantz	...	23
Karen Grove	...	23
Dolley Graley	...	26
Melinda Boggess	...	26
Sherry Stoffel	...	27
Linda Greenlee	...	30

Welcome Aboard!!!

David Mosley

Dietary Assistant/Cook, HHH

TIDEWATER



Dinner gala set for April 12

Chef Jack has another delicious dinner planned for the 6th Annual Tidewater-HospiceCare Dinner Gala Tuesday, April 12th at the Tidewater Grill in the Charleston Town Center Mall. The cost will be \$100 per person. Seating is limited and reservations are required, so call now to make yours at **(304) 345-2620**. ❖

ODDS & ENDS



Local pickers strum a bit at HHH

Hubbard Hospice House welcomes several musical groups to the house each month to fill the halls with the sound of music. Last month the trio of (pictured, l.-r.) **Doug Workman** on guitar, **Richard Holsten** on guitar, and **Glen Morton** on banjo, played a little folk mountain music. Glen also played with a different lineup as part of the **Morton Brothers**, while regulars such as **Jim Piercy**, **Helena Lee** and **Bill Ehman**, have also kept up appearances. Other scheduled groups this month include the **Fiddle Ladies** at noon Saturday, March 18, and the **Kordsmen** Tuesday, March 21.

'Chocolate Chase' a sweet time















The HospiceCare **10K Chocolate Chase & One Mile Fun Run-Walk** will step off at 9 a.m. Saturday, April 9 at the Greenbrier Valley Airport and downtown Lewisburg to benefit programs and services provided by HospiceCare's Lewisburg Office. Entry fees are \$15 for the run and \$10 for the support walk. Trophies will be awarded in separate men's and women's divisions and in different age categories. All participants will receive a T-shirt. For more information, contact **Dr. Meg McKeon** at WVSOM, (304) 647-6401, or via e-mail at mmckeon@WVSOM.edu. Registration forms are available online on the main page of our Web site, www.hospicecarewv.org.

Smoke on the Water bubbles June 18

Mark your calendar and save the date for the 12th Annual **Smoke on the Water Chili Cook-off** June 19th on the Boulevard in Charleston. The event will help kick off the city's FestivAll celebration of the arts and culture.



HospiceCare is once again the charity to benefit from proceeds from the cook-off. The Development Department is looking for volunteers to help us make this year's cook-off our best yet. We will need staff and family volunteers to help us serve chili, sell water/pop and chili sample tickets, hand out beads, **and have lots of FUN!!!** Watch your e-mail and office mail boxes in the coming months for more on how you can volunteer! ❖

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						
6 	7 ♦ Orientation Day, 8:30 a.m., Charleston ♦ CNA meeting, 8:30 a.m., Charleston ♦ IDT Green LTC Team, 8:30 a.m., Charleston	8 ♦ Nurses meeting, 8:40 a.m., Charleston ♦ Grief Recovery Support Group, 6-8 p.m., Charleston	9 ♦ IDT Green Team, 8:30 a.m., Charleston	10 	11	12 
13  DAYLIGHT SAVINGS TIME BEGINS	14 ♦ CNA meeting, 8:30 a.m., Charleston. 	15 ♦ Grief Recovery Support Group, 6-8 p.m., Charleston	16 ♦ IDT Blue Team, 8:30 a.m., Charleston  ST. PATRICK'S DAY	17 ♦ Board of Directors, 8:30 a.m., Charleston ♦ West Side Main Street After Hours, 5:30-7:30 p.m., Main Office, Charleston (RSVP to Jim Wilkerson)	18 	19
20  FIRST DAY OF SPRING	21 ♦ CNA meeting, 8:30 a.m., Charleston ♦ IDT Green LTC Team, 8:30 a.m., Charleston ♦ All Staff meeting, 3 p.m., HHH	22 ♦ Grief Recovery Support Group, 6-8 p.m., Charleston	23 ♦ IDT Green Team, 8:30 a.m., Charleston	24 	25	26 
27 	28 ♦ CNA meeting, 8:30 a.m., Charleston	29 	30 ♦ IDT Blue Team, 8:30 a.m., Charleston	31 	10K Chocolate Chase & 1-Mile Walk 9 a.m. Saturday, April 9, 2011 Lewisburg, WV To register for either the race or support walk, please visit www.hospicecarewv.org and follow the instructions in the News & Events calendar. Run, \$15, Walk, \$10. All participants receive T-shirts. For more information, contact Dr. Meg McKeon at WV SOM at (304) 647-6401, or via e-mail at mmckeon@wvsom.edu .	